



# 2023 FALL PROGRAM GUIDE

**Classes, Activities & Events**  
**August - December**

Town of  
**Matthews**<sup>TM</sup>  
Parks, Recreation &  
Cultural Resource

# A MESSAGE FROM DEPARTMENT DIRECTOR

Welcome to the Fall in Matthews. The change in season and ending of Summer activities offer a chance for each of us to take a moment to relax, and just breathe (even if it's just a quick moment). Then, when you're ready, take a look at the collection of amazing programs that the Matthews Parks, Recreation & Cultural Resource Department have prepared for you to enjoy.

The team has done another great job designing an impressive array of activities. Parks and greenways are ready and available for outdoor enthusiasts. Take a walk along the newly developed 1.5 miles of Irvins Creek Greenway! Programs and events that you have grown to love, along with new celebrations will have you smiling, dancing, or singing along.

Happy Fall season, I'll see you there!

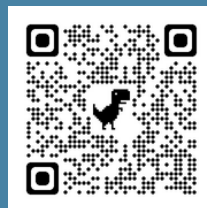


**Corey King**

Parks, Recreation & Cultural Resource  
Director

[cking@matthewsnc.gov](mailto:cking@matthewsnc.gov)

Scan the QR code for  
information on Irvins  
Creek Greenway



# CONTACT INFORMATION

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## About Our Locations

Programs and events are offered at the Matthews Community Center, McDowell Arts Center, Crews Road Recreation Center, Squirrel Lake Park, Windsor Park and Stumptown Park.

### Matthews Community Center

100 E. McDowell Street  
Matthews, NC 28105



### McDowell Arts Center

123 E. McDowell Street  
Matthews, NC 28105

## **Crews Road Recreation Center**

1201 Crews Road  
Matthews, NC 28105



## **Squirrel Lake Park**

1631 Pleasant Plains Road  
Matthews, NC 28105

## **Windsor Park**

10140 Northeast Pkwy  
Matthews, NC 28105



## **Stumptown Park**

120 S. Trade Street  
Matthews, NC 28105

# FALL PROGRAM GUIDE

We use an online registration system for the majority of our classes and programs. If you are unable to use the online system, feel free to give us a call at the facility where the program/class is taking place.

## How to Register

The best way to register is online! You can register in person at Crews Recreation Center or Matthews Community Center, or you can call either facility and register over the phone.

Online: Register for any program at <https://matthewsfun.recdesk.com/Community/Home>  
You will need to create a member profile if you have not already done so.

**To qualify for a resident rate, you must be a resident of the Town of Matthews and reside in zip code 28105.**

## How to Pay

Payment is due in full at the time of registration.

Online: You can pay with any credit or debit card.

In Person: You can pay with cash, check, or any debit or credit card.

## Program Cancellation Policy

If this program is canceled by the Town of Matthews prior to the start of the class, participants will receive a 100% refund.

If this program is canceled by the Town of Matthews after it has started, there will be a pro-rated refund minus the number of classes taken.

If the participant withdraws from the program more than 2 weeks prior to the beginning of class, there will be a 100% refund.

If the participant withdraws from the program less than 2 weeks of the beginning of the class, there will be a 90% refund.

If the participant withdraws from the program after it has started, there will be NO REFUND.

All refunds for participant withdrawals are subject to a \$10.00 administrative Fee.

# FALL PROGRAM GUIDE

## PROGRAMS & EVENTS AT MATTHEWS COMMUNITY CENTER

On-going programs at the Matthews Community Center. These classes are offered in multi-week sessions. Check out the registration page online for the most up-to-date information.

## YOGA CLASSES

### Yoga with Linda

Put the curves back! Linda's classes strengthen the muscles on all sides of the body to return the natural curves to the spine. Putting the spinal curves back allows dynamic freedom of movement and helps prevent pain that comes from losing these curves through daily life and aging. Tone your glutes and walk with a bounce in your step! Learn more about Linda's classes at [www.matthewsyoga.com](http://www.matthewsyoga.com). Students will need to bring a yoga mat to class.

#### Next Sessions:

7-Week Session: October 3 - November 15

6-Week Session: November 28-January 10

### Basic Joyful Yoga with Rosemary

#### Gentle Deep Stretch Yoga

Have you wanted to try yoga but not sure you are up to it? This class is for you! We will practice an easy, smooth, flow of basic yoga poses combined with gentle stretches and breath work. This is a great way to start strengthening your muscles, particularly your core muscles. We will begin where you are and build gently, listening to your body all the way. A key benefit is that you will develop and improve balance in this series of classes. Leave each class with a smile on your face and feeling good! Wear comfortable clothing and bring a yoga mat.

#### Guided Relaxation

Experience a deep state of relaxation and a tranquil mind. Each guided practice will last between 35-45 minutes allowing the participant some additional time to enjoy their relaxation experience. You will practice in a quiet, controlled setting with few distractions. Props are highly encouraged but not required. Feel free to bring a yoga mat, your favorite pillow and one or two blankets. Ages 16+.

#### Guided Relaxation 4-week Sessions

**Resident Rate: \$40      Non-Resident Rate: \$45**

Sept 11 - Oct 2	Mon	6:30pm-7:30pm
Oct 9 - Oct 30	Mon	6:30pm-7:30pm
Nov 6 - Dec 18	Mon	6:30pm-7:30pm

#### 6-Week Session

**Resident Rate: \$60      Non-Resident Rate: \$65**

Aug 22 - Sept 26	Tues	9:30am-10:30am
Aug 23 - Sept 27	Wed	6pm-7pm



#### Gentle Deep Stretch Yoga 4-week Sessions

Register for both Mondays & Thursdays and receive \$10 Off the 2nd Registration

**Resident Rate: \$40      Non-Resident Rate: \$45**

July 31 - Aug 31	Mon & Thurs	10am-11am
Sept 11 - Oct 5	Mon & Thurs	10am-11am
Oct 9 - Nov 2	Mon & Thurs	10am-11am
Nov 6 - Dec 21	Mon & Thurs	10am-11am

#### Chair Yoga 4-week Sessions

**Resident Rate: \$40      Non-Resident Rate: \$45**

Chair yoga is a gentle form of yoga that can be done sitting on a chair or standing on the ground while using the chair for support. A typical one-hour chair yoga session involves breath work, seated stretches, standing and balancing poses, and a final relaxation practice, much like a traditional mat-based class.

July 31 - Aug 28	Mon	11am-12pm
Sept 11 - Oct 2	Mon	11am-12pm
Oct 9 - Oct 30	Mon	11am-12pm
Nov 6 - Dec 18	Mon	11am-12pm

# FALL PROGRAM GUIDE

## PROGRAMS & EVENTS AT MATTHEWS COMMUNITY CENTER

**MAKE SURE TO SIGN UP FOR OUR MONTHLY NEWSLETTER TO STAY UP TO DATE WITH ALL OF OUR PROGRAM AND EVENT OFFERINGS!**

### Yoga with Katrina

#### Strengthen with Yoga

4-Week limited series designed to take your practice to a new & different level!

Flex your practice to strengthen your body. Develop your breath as a muscle. Increase your functional fitness through yoga!

A somatic journey to bring strength (both inner and outer) to your practice. Led by Katrina Whelchel, RYT-500 Yoga instructor and Somatic Coach.

**Stay tuned for more yoga classes with Katrina!**

#### 4-Week Session

**Registration Price \$99**

August 6 - 27

Sun

2:00pm - 3:15pm



## CRAFTING CLASSES

### Creative Stampers

#### Card-Making Classes with Jen & Bev

Learn to create handmade cards and projects with paper, ink and stamps! Each registered guest will have their individual all-inclusive kit and will learn different techniques, fun folds, and various styles of cards and projects each month. Classes are designed for everyone from the beginner stamper to the most advanced. Typically, card designs are designed for the holiday in the month ahead and many tips and tricks will be shared. You'll leave ready to send your cards to friends and family, so sign up now because classes fill up quickly!

**Registration Fee: \$20/person**

**Ages 16+**

September 7	Thurs	6pm - 8pm
October 5	Thurs	6pm - 8pm
October 10	Tues	10am - 12pm
November 2	Thurs	6pm - 8pm
November 14	Tues	10am - 12pm
December 7	Thurs	6pm - 8pm
December 12	Tues	10am - 12pm



# FALL PROGRAM GUIDE

## PROGRAMS & EVENTS AT MATTHEWS COMMUNITY CENTER

### Fabric Collage Classes

#### Introduction to Fabric Collage

Join one of these fun new sessions and learn how to create with an exciting fabric collage-winning artist. No sewing is required! You will learn the process of creating a unique 16 x 20 piece, suitable for display. Students will purchase a basic \$10 kit (paid separately) during the first class. Examples will be shown and instructions given for purchasing required fabrics and additional supplies for subsequent lessons.

#### 3-Week Session      Registration Price \$60

September 11 - 25	Mon	10am - 1pm
January 8 - 22	Mon	10am - 1pm



### INTERMEDIATE - LEVEL FABRIC COLLAGE CLASSES. PREREQUISITE: INTRODUCTION TO FABRIC COLLAGE

#### Pumpkin Patch Fabric Collage

This new class was designed to encourage students to put a personal twist on a favorite pumpkin theme. During the first class, a \$20 kit (paid separately) will provide the pre-fused fabric necessary to construct the cornstalk element for your pumpkin patch. Further instructions will be given for the 2 remaining classes.

#### 3-Week Session      Registration Price \$50

September 11 - 25	Mon	10am - 1pm
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#### Snow Globe Fabric Collage

This new class was designed to jump-start the holiday decorating/gift-giving season! During the first class, a \$20 kit (paid separately) will include the necessary pre-fused fabric to construct the basic snow globe. What will you put in it? Further instructions will be given for the 2 remaining classes.

#### 3-Week Session      Registration Price \$50

October 30 - Nov 13	Mon	10am - 1pm
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# FALL PROGRAM GUIDE

## PROGRAMS & EVENTS AT MATTHEWS COMMUNITY CENTER

### Glue Gun Art Classes

SMALLXPRESSIONS Art with Kathy Small

Come enjoy the art of glue guns! We will be creating 3D pieces of art using glue guns and acrylic paint on canvas.



**Matthews Residents: \$35**

**Non-Matthews Residents: \$40**

New Themes Each Class!

September 28	6:30pm-8pm	Ages 18+
October 26	6:30pm-8pm	Ages 18+
November 17	6:30pm-8pm	Ages 18+

### Matthews Concert Band

These concerts are FREE for the community, and all ages are welcome! Concerts take place inside of the Fullwood Theater.

#### Concert Dates

November 9	Thurs	7:30pm
December 18 & 19	Mon & Tues	7:30pm
March 7	Thurs	7:30pm
May 7	Tues	7:30pm



### Mischief Kits

Parents! Do you have a tiny visitor from the North Pole that visits in December? Let us help you out this holiday season! We have created 24 days of Mischief Kits to make sure your tiny visitor has something creative to get into each of these days.

These kits are completely packaged, with individual days packaged separately. Most all supplies are included in these kits; there may be one or two things you can add from home to enhance the mischief! Elves are not included with these kits; you must purchase or have that on your own. There are enough supplies for one elf in each kit. The price includes 24 days of Mischief! Registration is limited!

**Kits go on sale Friday, November 3 at 9am.**



# FALL PROGRAM GUIDE

## PROGRAMS & EVENTS AT MATTHEWS COMMUNITY CENTER

### Classes with the Music Makers

#### Ukulele Classes

Learning the ukulele is an easy and fun way for families to share and make music together. Justin from The Music Makers will teach participants how to tune, strum, and play commonly used chords on this fun, little instrument.

The ukulele has become popular recently as it is being used in today's popular music. It's easy to learn so even those with no prior music experience can be successful. Participants will be playing songs right away, giving them confidence in their music-making abilities.

Check out the website for more information on purchasing your ukulele!

**Matthews Resident: \$189    Non-Matthews Resident: \$194**

#### Beginner Ukulele Family Class

Sep 11 - Nov 13	Mon	6pm-6:45pm	Ages 5-12
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An Adult family member must also register for this class. Only one ukulele per family is needed. Siblings who want to sign up together without an adult must take one of the classes offered for children only.

#### Mixed Ages Family Music Classes

Children learning music in The Music Makers classes don't feel pressured to perform and don't feel evaluated or judged. Our lessons are based on the philosophy of Carl Orff and the American Orff Schulwerk Association that children learn best by experiencing musical elements through singing, moving, dancing, playing instruments and improvisation. In our classes, children learn to keep a steady beat, match pitch, be creative and self-expressed, improvise, accompany and participate in group music making.

#### Teens & Adults Ukulele - Beginner 1

Sep 11 - Nov 13	Mon	7pm-7:45pm	Ages 13+
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#### Individual Registration: \$179

20% Discount for siblings (only 2nd and beyond registration is discounted)

Sep 14 - Nov 16	Thurs	10am-10:45am	Ages 7 & under
Sep 14 - Nov 16	Thurs	11am-11:45am	Ages 7 & under
Sep 15 - Nov 17	Fri	11am-11:45am	Ages 7 & under

**TICKETS FOR ALL HOLIDAY EVENTS GO ON SALE  
FRIDAY, NOVEMBER 3 AT 9AM**

*The Nutcracker  
Sugar Plum Party  
Photos with Santa*

*Mischief Kits  
Noon Years Eve Party*

# FALL PROGRAM GUIDE

## PROGRAMS & EVENTS AT MATTHEWS COMMUNITY CENTER

### Adult Tap Classes

If you want to learn tap but never had the opportunity or danced as a child and remember it fondly, this tap class is great for beginners or dancers with some tap experience. Classes will include fundamental tap technique, movements and vocabulary, basic rhythms and combinations both across the floor and center. Broadway and jazz tap styles will be taught. Tap legends and the rich history of tap dance will be discussed as well. Dance has been proven to help with reflexes, coordination and improve concentration and memory!

Required for Class - Wear comfortable clothes you can move in, tap shoes (Oxford style is best) and the desire to learn and have fun!

Aug 9 - Sep 13    11am-11:45am    Ages 18+

**Matthews Residents: \$70 Non-Residents: \$75**

### Matthews Ballet Program

Matthews Ballet and Dance is a school-year program, running from August to May. We structure our program by splitting the year into 3 sessions/payment installments. This way, students and parents are not obligated to commit to an entire year upfront and can drop at any time, if need be. We notify parents as sessions become available online for registration. If you wish to participate in the end-of-year recital in May, you must be signed up by the second session of the year.



Classes are offered for ages 3 and up. Classes take place Mondays-Thursdays.  
The full ballet brochure can be found online.

### Nutcracker Ballet Auditions

**SATURDAY, SEPTEMBER 9th**

**10:30am-11am**    Ages 6 - 8 (must have at least 1-year ballet exp)

**11am-11:45am**    Ages 9 - 11 (must have at least 2 years ballet exp)

**12pm-1pm**    Ages 12 & up (bring pointe shoes IF on pointe)

Performance dates: Nov. 25 & 26, Dec. 2 & 3

### SAVE THE DATES!



Jazz Concert Series  
returns to the  
Fullwood Theater  
inside of the  
Matthews Community  
Center!

Tickets Sold on Eventbrite

AUGUST 12 - URBAN JAZZ COALITION  
AUGUST 26 - ART SHERROD JR



### FULLWOOD THEATER

**AGES 21+**

**6:30PM - PRE-CONCERT  
SOCIAL HOUR WITH FREE  
APPETIZERS, BEER SALES**

**7:30PM - CONCERT**

# FALL PROGRAM GUIDE

## PROGRAMS & EVENTS AT MCDOWELL ARTS CENTER

### Basket Weaving Classes

These basketweaving classes are great for beginners! All materials are provided. No experience required! All ages are welcome - participants under 18 should be accompanied by an adult. These classes are held downstairs at the McDowell Arts Center.

**Resident Rate: \$30**

**Non-Resident Rate: \$35**



**Saturdays, 9:30am-12:30pm**

September 23

Pumpkin Baskets

October 14

Wine Basket



**Saturday, 9:30am-2:30pm**

November 18

Laundry Basket

**Resident Rate: \$43**

**Non-Resident Rate: \$48**

### Anime Drawing Classes

**AGES 8+**

This class teaches all you need to know about becoming a successful anime artist! Anime is a Japanese art form much like the art comic books reflect, only in what we now call graphic novels. In this class, students will learn "anime" anatomy, which is more free form in its proportional aspects but still has the same "head to toe" measurement system that standard realism employs.

September 9 11am-12:30pm

**Intro to Anime Workshop: Matthews Residents: \$30**

**Non-Residents: \$35**

September 16-30 11am-12:30pm

**Anime Workshops:**

**Matthews Residents: \$95**

**Non-Residents: \$100**

### School's Out Camps

These are located at the  
Matthews Community Center

When school is out, Art is in with Coloring on Canvas! Each Camp Day features a variety of art adventures. We teach your child to explore and discover the world of art in their own unique way. They will use their imagination with prompts from our artistic instructors.

**Matthews Residents: \$96 Non-Residents: \$101**

**Ages 5-12**



Sept. 25 9am-4pm

Nov. 6 & 7 9am-4pm

Dec. 20-22 9am-4pm

Dec. 27-29 9am-4pm

Jan. 1, 2, 25 9am-4pm

Feb. 19 9am-4pm

March 29 9am-4pm

April 1-5 9am-4pm

**Coloring on Canvas also offers programs throughout the school year and a variety of Summer Camps at the Matthews Community Center. Summer Camp registration opens February 1st!**

# FALL PROGRAM GUIDE

## PROGRAMS & EVENTS AT MCDOWELL ARTS CENTER

### Character Design Classes

Learn to create cartoon characters with purpose and emotion. A great way to strengthen drawing and storytelling skills. Learn the basics of color theory, visual development, and storyboarding. Take your drawings to the next level! For fans of Disney, Anime, Manga, Super Heroes, Pokemon, and more.

Matthews Residents: \$150    Non-Residents: \$155

Ages 7-11

5pm-6pm

August 3 - September 7    September 14 - October 19

October 26 - December 7

### Techniques in Watercolor

Classes will focus on traditional watercolor painting. Classes include but not limited to materials, composition, value and color. Each session begins with a demonstration plus discussion about painting. All levels welcome.

Session Price: \$90/person

Ages 18+    Tuesdays, 12:30pm-2:30pm

Sep 5 - Oct 17 (No class Oct 3)

Oct 24 - Dec 5 (No class Nov 21)

### GROUPS MEETING AT THE MCDOWELL ARTS CENTER

#### Matthews Artists Guild

Visit [www.matthewsartistsguild.com](http://www.matthewsartistsguild.com) for more information.

#### Waxhaw Woodturners

Meetings held first Tuesday of each month at 6:30pm.

#### Basket Guild

Meetings held 4th Tuesday of the month at 6pm.

#### It's All about Yarn

First and Third Tuesdays at 6pm

## MCDOWELL ARTS CENTER ART GALLERY

The McDowell Arts Center (123 E. McDowell Street) is located across the drive from the Matthews Community Center and features a FREE public art gallery upstairs. Gallery displays rotate every month. Local and regional artists feature their professional artwork in this gallery. The majority of artwork is for sale! Support your local artists and check out the following shows coming up:



**Aug/Sep:** MAG Matthews Alive Show

**Oct:** Charlotte Artists Guild

**Nov:** Cynthia Howard's Students

**Dec:** MAG Holiday Show

**\*\*2024 Shows Already Scheduled\*\***



# FALL PROGRAM GUIDE

## PROGRAMS & EVENTS AT MCDOWELL ARTS CENTER

### CLASSES WITH ARTS DELIVERED

#### Saturday Pottery Classes

Classes offered for Preschoolers, Families and Girl Scout Troops one Saturday a month starting in October.

Price per person or project: \$15

**Pre-K Glaze - Ages 3-6** 8am - 8:45am

**Family Clay Workshop - Ages 6+** 9:15am - 10:30am

**Girl Scout Workshops - Ages 5+** 10:45am-12pm



**October 7**

**November 4**

**December 2**

#### Homeschool Art & Clay Classes

##### Homeschool Art Class

This 8-week art class will introduce students to different art mediums and artists. Clay/ceramics will be the primary focus but the class will also explore additional techniques and mediums such as oil pastels, watercolors, and mosaics. Topics studied will include art history or a specific genre or artist and will be followed by a relevant project. All levels of art abilities are welcome! All supplies are included.

##### Afternoon Homeschool Clay Class

This 4-week art class will introduce students to the basics of clay. Students will learn coil, slab and pinch pot techniques as well as work on the pottery wheel. Each week includes an art history or a specific genre or artist lesson and will be followed by a relevant project. Each 4-week session offers new content. All levels of abilities are welcome! All supplies are included.

Pricing varies depending on length of session.

**\*\*More details online\*\***

**Ages 8-12:** 9am-10:45am

**Ages 13-18:** 11am-12:45pm

**Session 1 (8 weeks)** Aug 30-Oct 18

**Session 2 (7 weeks)** Oct 25 - Dec 13

**Session 3 (8 weeks)** Jan 3 - Feb 21

**Session 4 (8 weeks)** Feb 28 - Apr 24

**Session 5 (5 weeks)** May 1 - 29

##### 4-Week Sessions

**Ages 13-18:** 1:30pm-3:15pm

**Session 1** Sept 6 - 27 **Session 4** Jan 31 - Feb 28

**Session 2** Oct 4 - 25 **Session 5** Mar 6 - 27

**Session 3** Jan 3 - 24 **Session 6** May 1 - 22

#### Adult Pottery Classes

Pottery classes for adults. All materials are provided and all levels are welcome! Open studio available some Sundays.

Matthews Residents: \$190 Non-Residents: \$200

Ages 18+

8-week sessions 6:30pm-8:15pm

September 6 - October 25

#### OTHER OFFERINGS FROM ARTS DELIVERED

Private Birthday Parties

Arts Delivered also teaches summer camps for  
Clay/Ceramics/Pottery and Visual Arts!

Summer camp registration opens

February 1st!

# FALL PROGRAM GUIDE

## PROGRAMS & EVENTS AT CREWS RECREATION CENTER

### BABYSITTER CERTIFICATION COURSE

This one-day certification course will give any youth the information needed for effective babysitting. Specifically, the course teaches general baby care, toddlers, and older children care, as well as health and safety issues like choking and rescue breathing. This class is facilitated by a trained American Red Cross & American Safety and Health Institute Teacher.



Ages 10-17

**Saturday, November 4**

9am-1pm

\$65 per person

### OPEN GYM SPORTS

Advanced registration is required for Pickleball and Badminton open gym sessions.

#### PICKLEBALL

##### **Saturday Open Play**

Session 1: 8:30am-10:30am

Session 2: 10:30am-12:30pm

##### **Tuesdays Open Play**

10am-12pm

**Cost is \$3/player**

#### BASKETBALL

Visit [www.matthewsfun.com](http://www.matthewsfun.com) for the Basketball Open Gym Calendar.

**Cost is \$2/player**

**Under 18 play free**

**Times Vary M-F between 12p-5p**

#### BADMINTON

##### **Sunday Open Play**

10am-4pm

Session 1: Advanced Adults 10am-12pm

Session 2: Beginner Adults 12pm-2pm

Session 3: Families 2pm-4pm

**Cost is \$3/player**

### AMERICAN ELITE MARTIAL ARTS

Learn the basics of martial arts in a fun and active environment. To register, visit <http://www.americanelitemartialarts.com>.

Youth Classes

**Thursdays 5:30pm-8:30pm**

Registration fee: \$49/month

### HIGH FITNESS DANCE CARDIO

Combine high-energy aerobics and interval training set to fun music you love with easy to follow fitness choreography. It's fully adaptable for all ages, stage and levels of fitness.

**Mondays, 9:30am-10:20am**

\$7 per class

### TAI CHI FOR HEALTH

Tai Chi for health is slow meditation in motion. It promotes serenity through gentle, flowing movements. The ultimate purpose of Tai Chi is cultivating the Qi, or life force, within us to flow smoothly and powerfully through the body.

**Mondays and Thursdays, 10:30am-11:30am**

\$2 per class. Start date TBD

### SOUL LINE DANCE

Learn the most popular soul line dance steps, drills, terminology and rhythmic counting to enhance your experience. This is a great form of exercise, stress relief and most of all, it's FUN!

**More details on this class coming soon!**

**Stay tuned to our website - [www.matthewsfun.com](http://www.matthewsfun.com)**

# FALL PROGRAM GUIDE

## PROGRAMS & EVENTS AT CREWS RECREATION CENTER

### FREE PICKLEBALL CLINICS

#### BEGINNER LEVEL

September 21  
November 2  
January 25  
March 1



#### INTERMEDIATE LEVEL

August 24  
October 26  
December 14  
February 22

Space at each clinic is limited! Register online at [www.matthewsfun.com](http://www.matthewsfun.com).

### YOUTH CPR / FIRST AID

Gain the ability to help those in need through our first aid and CPR certification class. During this course you will learn how to respond to specific situations, which will help you care for people in crisis as they wait for medical professionals to arrive. This program is targeted to middle and high school age youth.

**Class details, including dates and times, coming soon!**

### SEASONAL WREATH MAKING

This program will teach participants how to make festive seasonal wreaths using different techniques.

**More details on these classes coming soon!**

**Stay tuned to our website - [www.matthewsfun.com](http://www.matthewsfun.com)**



### HOMESCHOOL PHYSICAL EDUCATION

Homeschool physical education weekly classes allow children to participate in lessons that focus on physical fitness, skill development and sportsmanship.

Cost: \$25/month

**Details on dates & times coming soon!**

### NEXT STEPS HOOPS CLINIC

Participants will engage in fun basketball skills/drills, skill competitions followed by games/scrimmages.

**Wednesday, December 20**

**Time & pricing details coming soon!**



# FALL PROGRAM GUIDE

## PROGRAMS & EVENTS AT CREWS RECREATION CENTER

Town of  
**Matthews**  
Parks, Recreation &  
Cultural Resource

**CREWS RECREATION CENTER**

**FAMILY FUN  
NIGHT**

1201 CREWS ROAD, MATTHEWS, NC 28105  
FIRST FRIDAY - OCTOBER 2023-MARCH 2024 \*6-9PM

**Holiday Drop N' Shop**  
**CREWS RECREATION CENTER**  
~ DECEMBER 21, 2023 | 10AM TO 4PM ~

LET US WATCH YOUR CHILD (AGES 6-13) WHILE YOU ENJOY A DAY OF SHOPPING AND PREPARING FOR THE HOLIDAY SEASON!

OUR FUN-FILLED DAY WILL INCLUDE MOVIES, VIDEO GAMES, GYM GAMES, CRAFTS, PIZZA, SNACKS & MORE!

**COST PER CHILD: \$10**

REGISTER ONLINE BY VISITING [WWW.MATTHEWSFUN.COM](http://WWW.MATTHEWSFUN.COM)

FOR MORE INFORMATION CONTACT US (704) 708-1289 OR  
EMAIL [CSMITH@MATTHEWSNC.GOV](mailto:CSMITH@MATTHEWSNC.GOV)

Town of  
**Matthews**  
Parks, Recreation &  
Cultural Resource

Town of  
**Matthews**  
Parks, Recreation &  
Cultural Resource

**DATE NIGHT  
DROP-OFF**

**CREWS RECREATION CENTER**  
1201 CREWS ROAD  
MATTHEWS, NC 28105

**EVERY SECOND  
FRIDAY  
FROM 5PM-9PM**

ENJOY A NIGHT OUT WHILE YOUR KIDS RELEASE SOME ENERGY PLAYING BASKETBALL, DODGEBALL, BOARD GAMES, VIDEO GAMES AND ARTS & CRAFTS WHILE MEETING NEW FRIENDS.  
~ KIDS WILL BE SERVED SNACKS, PIZZA AND DRINKS ~

**AGES 6-13**

**COST IS \$10 PER CHILD; \$5 FOR EACH ADDITIONAL SIBLING**  
**REGISTER ONLINE AT [WWW.MATTHEWSFUN.COM](http://WWW.MATTHEWSFUN.COM)**

FOR MORE INFORMATION CONTACT US AT (704) 708-1289 OR EMAIL [CSMITH@MATTHEWSNC.GOV](mailto:CSMITH@MATTHEWSNC.GOV)

## *Facility Rentals at Crews*

Consider Crews for your next birthday party, bridal or baby shower, reunion or other event! Facility rental details and rates can be found at [www.matthewsfun.com](http://www.matthewsfun.com)!

A variety of summer camps are offered at Crews. Summer camp registration opens February 1st!

# FALL PROGRAM GUIDE

## PARK PROGRAMS

### PARK PROGRAMS AT STUMPTOWN PARK

#### TAI CHI AT STUMPTOWN PARK

Tai Chi is a martial art often practiced as a means to improve one's personal health. Tai chi is known to relieve stress, enhance energy and strengthen the body. We welcome folks of all age and experience levels.

**FREE Program**

Saturdays, 9am-10am

September 9 -  
October 14

#### TEENS & TWEENS YOGA

Tweens and teens are invited to join Charlotte Pop-Up Yoga for a fun, interactive yoga practice. This 45-minute class incorporates breathing, stretching, mindfulness, and meditation tools for youth to take beyond their mats. Participants can experience the benefits of strengthening, focusing, and releasing energy. No yoga experience is necessary to attend this class. Please bring a yoga mat or towel and water.

**Registration Fee: \$14/person; \$25/family**

Ages 10-14

Saturdays, 11am-11:45am

Sep 9 & Oct 14

#### DOGGIE YOGA & ACUPRESSURE

Join Charlotte Pop-Up Yoga's Natalie Fath, and certified animal acupressure practitioner with Poll to Pastern, Stephanie Pope, for a doggie and human experience. Enjoy a 30-minute vinyasa class with postures to incorporate your pup throughout followed by a 15-minute acupressure demo and practice for your furry friend. Learn techniques you can take off your mat.

**Registration Fee: \$22**

Ages 8+

Sunday, October 15

12pm-1pm



### PARK PROGRAMS AT MATTHEWS COMMUNITY CENTER

#### POLLINATOR PROWL

Did you know that Matthews was designated a Bee City in 2014? Since then, the Town has continued to add pollinator habitats in its parks and right of ways. Pollinators like bees, flies and butterflies are responsible for every third bite of food we take and are integral to our food systems. During this pollinator prowl, you will join knowledgeable Town staff and use community science tools to observe bumble bees, monarchs, and more!

**Families welcome! All children must be accompanied by an adult.**

Ages 6+

Saturday, Sep 30

1:30pm-3pm

**Registration Fee: FREE**



# FALL PROGRAM GUIDE

## PARK PROGRAMS

### PARK PROGRAMS AT WINDSOR PARK

#### DOODLEBUG ADVENTURES

Nature becomes the classroom for play-based learning at Doodlebug Adventures. Children and their caregiver(s) discover the wonders of nature and their place in it through fun, creative, outdoor activities using the Tinkergarten curriculum. Part structure and part wonder, children explore the natural world and their own experiences in a safe, supportive community.

**Ages 2-8, with a caregiver**

**Matthews Residents: \$200**

**Non-Matthews Residents: \$240**



**Session 1**    **Tuesdays, September 7 - October 26**    **10am-11am**

**Session 2**    **Thursdays, September 19 - November 7**    **10am-11am**



### PARK PROGRAMS AT SQUIRREL LAKE PARK

#### ANIMAL TALES

Squirrel Lake Park is home to a diversity of wildlife including birds, reptiles, mammals, and insects. Visitors to the park are likely to encounter wildlife on a daily basis. Please join us for an interactive story time followed by a hands-on discussion identifying ways to safely interact with wildlife at the park. Adults can enjoy a free cup of coffee provided by Good Cup while supplies last!

**FREE Program**

All ages

Shelter B

11am-11:45am

**Fridays, September 8, October 13 & November 17**



## STAY TUNED FOR MORE PARK PROGRAMS!

*Great Outdoor University Summer Camps are offered at Squirrel Lake Park! Registration will open February 1st!*

# FALL PROGRAM GUIDE

## PARK HIGHLIGHTS

A full listing of our parks and amenities can be found at [www.matthewsfun.com](http://www.matthewsfun.com)

### PUBLIC ART IN OUR PARKS AND ALONG TRAILS



**MURAL BY MAKAYLA  
BINTER ON MATTHEWS  
CHAPEL ROAD - PART OF  
THE MATTHEWS HERITAGE  
TRAIL**

### GREENWAY MANHOLE COVERS & SEWER PIPES PAINTED BY LOCAL ARTISTS



### 2023 YEAR OF THE TRAIL FOR NC

#### UPCOMING YEAR OF THE TRAIL EVENTS

**September:** Trail Passport

**October:** Mountain biking event &  
trail treasure

Stay tuned for more trail events!



Email [mjohnson@matthewsnc.gov](mailto:mjohnson@matthewsnc.gov) if you  
want to be involved with volunteering at  
future Year of the Trail events!

Visit [greattrailsnc.com](http://greattrailsnc.com) for more  
information on Year of the Trail!



SAVE THE DATE  
*Thursday, September 7*  
STAND UP COMEDY NIGHT IN THE  
FULLWOOD THEATER



*More details to come!*

Town of  
**Matthews**  
Parks, Recreation &  
Cultural Resource



Check out [www.matthewsfun.com](http://www.matthewsfun.com)  
and sign up for our newsletter to  
stay up to date on ticket sales for  
some of our upcoming events!

Scan QR Code  
for She is Jazz  
Tickets



**SHE IS JAZZ** Live  
A DAPPER STREET PRODUCTION

Women Empowerment

Town of  
**Matthews**  
Parks, Recreation &  
Cultural Resource

**AUG 19**  
FULLWOOD THEATER  
MATTHEWS, NC - 7pm

FEATURING Multi- #1  
Billboard Charting  
Saxophonist Paula Atherton

RUBY EDWARDS

GENA CHAMBERS

SHE ENERGY

**Matthews COMIC CON**

Town of  
**Matthews**  
Parks, Recreation &  
Cultural Resource

I ♥ COMICS

**MARCH 9, 2024**  
MATTHEWS COMMUNITY CENTER  
100 E. MCDOWELL ST  
MATTHEWS, NC 28105

FEATURING:

Comics! Artists!  
Toys! Cosplay!  
Games! Crafts!  
Food Trucks!  
& much more!



Visit [www.matthewsfun.com](http://www.matthewsfun.com) or scan the QR code  
above for vendor applications!

# JOIN US FOR OUR 2023 EVENTS, CONCERTS, AND FESTIVALS!

## January

- 6 Family Fun Night (Crews)
- 13 Date Night Drop-Off (Crews)
- 14 Color of Jazz Concert (CCtr)
- 28 Matthews Comic-Con (CCtr)

## February

- 3 Family Fun Night (Crews)
- 9 Color of Jazz Concert (Comm Ctr)
- 10 Date Night Drop-Off (Crews)
- 10 Mini, Me & Tea (Comm Ctr)

## March

- 2 Color of Jazz Concert (Comm Ctr)
- 3 Crews Family Fun Night (Crews)
- 10 Date night Drop-Off (Crews)
- 17 St Patrick's Day Crawl Concert (Matt. Station St.)
- 25 Main Line Market (Charles St)
- 31 Easter Eggspedition Begins

## April

- 9 Easter Eggspedition Ends
- 14 Date Night Drop Off (Crews)
- 15 Earth Day/Kids in Nature Day (Sq. Lake Park)
- 22 Shred Event
- 28 Beats 'n Bites (Rattle and Hum/U2 tribute)
- 29 Festival of India

## May

- 12-13 BeachFest Matthews
- 12 Date Night Drop-Off (Crews)
- 20 E Sports Tournament (Crews)
- 26 Beats 'n Bites (Smokey Jones & the 3 Dollar Pistols)

## June

- 9 Date Night Drop-Off
- TBD Symphony Night
- 19 Juneteenth Celebration
- 24 Main Line Market (Charles St.)
- 30 Beats 'n Bites 'n Boom - Food trucks & Cat 5 Band combined with Indep. Day Celebration Fireworks-launched from MARA fields!

## July

- 14 Date Night Drop-Off
- 28 Beats 'n Bites (20 Ride/Zac Brown tribute)



## August

- 11 Date Night Drop-Off (Crews)
- 12 Cool Vibes Indoor Concert Series (Comm Ctr)
- 25 Beats 'n Bites (Landslide/Fleetwood Mac tribute)
- 26 Cool Vibes Indoor Concert Series (Comm Ctr)

## September

- 1-4 Matthews Alive Festival
- 8 Date Night Drop-Off (Crews)
- 29 Beats 'n Bites (The Embers/beach)
- 30 Main Line Market (Charles St)

## October

- 6 Crews Family Fun Night (Crews)
- 7 Kids In Nature Day (Squirrel Lake Park)
- 13 Date Night Drop-Off (Crews)
- 21 Música Matthews

## November

- 3 Crews Family Fun Night (Crews)
- 3 Holiday tickets on sale (online)
- 4 Pawsitively Matthews
- 10 Date Night Drop-Off (Crews)
- 20 Deck the House Contest begins
- 25-26 Nutcracker (Comm Ctr)



## December

- 1 Crews Family Fun Night (Crews)
- 1 Jingle Jam Concert (224 Matt Station St)
- 2 Winter Wonderlights Tree & Park Lighting
- 2-3 Nutcracker (Comm Ctr)
- 8 Date Night Drop-Off (Crews)
- 9 Photos w/Santa & Santa Paws (Comm Ctr)
- 16 Main Line Market (Charles St.)
- 21 Holiday Drop 'n Shop
- 31 Noon Year's Eve (Comm Ctr)

- TBD Kwanzaa Celebration
- TBD Menorah Lighting



Unless otherwise noted, all events are held at Stumptown Park.

<b>STUMPTOWN PARK</b>	120 S Trade St
<b>CREWS RECREATION CENTER</b>	1201 Crews Rd
<b>COMMUNITY CENTER</b>	100 McDowell St
<b>SQUIRREL LAKE PARK</b>	1631 Pleasant Plains Rd
<b>MARA &amp; MUMC</b>	1200 & 801 South Trade St



## *Facilities & Amenities*

### **MATTHEWS COMMUNITY CENTER**

- At the Matthews Community Center, we own and operate the Fullwood Theater, a variety of classroom and studio space, large event rooms, and dance space.
- Facility Rentals: We can accommodate anything from a small, intimate meeting to a full stage production.

### **MCDOWELL ARTS CENTER**

- The McDowell Arts Center offers art programs and classes year-round and art-based summer camps during the summer months.
- A full art gallery displays different local artist groups each month upstairs.

### **CREWS RECREATION CENTER**

- Crews offers a full-size gymnasium and large multi-purpose room with open gym sports, activities, classes and camps offered in both spaces.
- Facility Rentals: We are a great place to host your birthday parties, baby and wedding showers, anniversary parties, family reunions and meetings. We also rent our full-size gymnasium to individuals, groups or schools for recreational purposes (i.e. basketball, volleyball, soccer, parties & etc.).

### **PARKS WITH PLAYGROUNDS**

- Baucom Park
- Matthews-Sardis Park
- Rice Park
- Stumptown Park
- Squirrel Lake Park
- Windsor Park



### **PARK SHELTER RENTALS**

- Baucom Park
- Squirrel Lake Park
- Windsor Park

### **POCKET PARKS**

- Country Place Park
- KP Park
- Fountain Rock Park
- Town Green Park

### **GREENWAY/TRAILS**

- Four Mile Creek Greenway
- Matthews Heritage Trail
- Biking/Hiking Trails at Purser-Hulsey Park

*Connect with us!*



@MatthewsParksAndRecreation



[www.matthewsfun.com](http://www.matthewsfun.com)



@TownofMatthews



704-321-7275